

RIBBED PULSE WARMERS

©2009 Designs by KN; designed by Kathy North

Distributed by <http://www.piece-by-piece.net>

For personal or charity use only. Do not reproduce pattern or use for commercial purposes.

Skill level: Easy

Size: Small (Medium, Large) - approx. 5" long

Pulse warmers are designed to stretch to fit wrist & lower part of hand.

Materials:

50 yds. worsted weight yarn (sample shown in Plymouth "Encore")

Set of 4 or 5 size 8 (5.0 mm) double-pointed needles (dpns)

Tapestry needle for weaving in ends

Gauge: 4.5 sts & 6 rows = 1" in stockinette stitch on size 8 (5.0 mm) needles

Terms/Abbreviations: beginning (beg), bind off (BO), cast on (CO), continue (cont), decrease (dec), each (ea), increase (inc), knit (k), pattern (patt), place marker (pm), purl (p), slip (sl), stockinette stitch (st st)

Pattern notes: Pulse warmers are worked in the round in circular knitting technique. Cast on and bind off loosely.

Special stitches: Make one (M1) – make backwards loop around thumb and place this new loop on right needle. Knit into this stitch on next round.

Pulse Warmer (make 2)

With size 8 dpn, cast on 24 (28, 32) sts loosely. Join for working in rounds, being careful that stitches are not twisted. Place marker or use yarn tail to note beginning of rounds.

Rnds 1-18: *K2, p2, rep from * around.

Rnd 19 (inc rnd): *K1, M1, k1, p2, rep from * around – 30 (35, 40)

Rnds 20-24: *K3, p2, rep from * around.

Rnd 25 (inc rnd): *K1, M1, k1, M1, k1, p2, rep from * around – 42 (49, 56)

Rnds 26-30: *K5, p2, rep from * around.

Bind off loosely in rib pattern. Cut yarn and weave in tails.



Photo by Kathy North.

Copyright 2009 – Designs by KN
www.designsbykn.com

For personal or charity use only. Do not reproduce pattern or use for commercial purposes.